Adult Volunteers

Guidelines
If you are interested in volunteering, you must be 18 years of age or older and not enrolled as a current college undergraduate student.

Time Commitment
- Six months session or a total of 48 hours
- Once a week
- Two to three hours per shift

How to Become a Volunteer
We have a multi-step process:

1. Watch Volunteering at Vanderbilt.
2. Look for volunteer opportunities that fit your schedule and availability.
3. Complete an online volunteer application form.
4. Attend a volunteer interview session.
5. Complete a background check.
6. Review our volunteer handbook.
7. Attend a mandatory volunteer orientation.
   This meeting provides specific volunteer guidelines (infection control, required immunizations, fire safety, personal boundaries, etc.), expectations, and other information you need to be a Vanderbilt volunteer.
8. Attend a unit-specific training.
   For some placements this is scheduled on your first day of volunteering.